

# PROFESSOR PAUL MCGEE – THE SUMO GUY

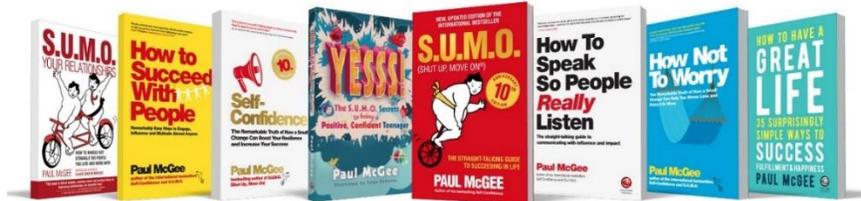


Paul McGee is a visiting Professor at the University of Chester and one of Europe's leading speakers on the subject of change, resilience, wellbeing, and communication. His book *SUMO* became a **Sunday Times best seller** and his book *Self Confidence* reached **number one** in the WHSmith's business chart and remained there for a further **24 weeks**. His books have sold over a quarter of a million copies worldwide. He has appeared on **BBC Breakfast television** and is a regular contributor on BBC Radio.

He's spoken for more than **1,000 organisations** in over **40 countries** to date, including GSK, Shell, Adidas, and the NHS. From India to Italy and from Bangkok to Brisbane, Paul's messages have resonated with a global audience.

He has had the privilege of working with one of the world's top management gurus **the late Dr Stephen Covey** and his work has been endorsed by **Sir Clive Woodward**. **Chris Evans** described Paul's book *How Not to Worry* as **"a gift to the world."** His clients include prominent blue chip organisations, public sector bodies and a **leading Premier League football club**.

He combines his love of comedy and football by supporting Wigan Athletic and Bradford City.



## What others say...

*"In our twenty years of running conferences, Paul McGee is the only speaker we have ever invited back. That above all explains the benefit we feel we have gained from hearing Paul's SUMO philosophy."*

**Doug Perkins, Dame Mary Perkins CBE, Founders of SpecsSavers**

*"I would have no hesitation in recommending Paul McGee and his SUMO philosophy to any organization who wants to engage a large number of staff in a way that provides excellent value for money compared to more conventional ways of training.*

*The overwhelming feedback has been that the sessions were inspiring, thought provoking, humourous but above all practical in helping my staff make a positive difference."*

**Julie Spence, Chief Constable, Cambridgeshire Police**

*"I saw Paul present at an international conference. He uniquely addresses one of the biggest barriers to personal and business development... our own minds. The SUMO philosophy was a unanimous hit. Very, very powerful stuff!"*

**Simon Newton-Smith, General Manager, Virgin Atlantic, Southern Africa**